

Dick Collins, LCSW

Biography

Dick Collins is a Licensed Clinical Social Worker who has been a practicing therapist in Indianapolis since 1979. Since that time he has worked at the IU Medical Center at Riley Hospital, then for IU Health. He has also practiced at the most prominent group private practice in town. Currently he maintains his own private practice in the Broad Ripple area.

Dick has always specialized in the treatment of anxiety, depression, and stress response as they particularly relate to medical conditions. He also has expertise in the areas of disaster mental health, and has deployed to provide psychological support in response to Hurricane Katrina and the 9/11 terrorist attack. He managed the Critical Incident Response Team while at IU Health and recently consulted with the Indiana State Department of Health in designing a program to provide psychological support for the Indiana COVID-19 Contact Tracing personnel. He currently counsels people who have either had COVID-19 or their family members. The current pandemic and the political/economic conditions which surround it pose unique challenges to our abilities to cope and find meaning within ourselves and our relationships. In the face of this there are practical steps we can take to self care, then provide compassionate support to those we love.